

Muscle Relaxant Treatment



Our skin, over time, changes structure to become less elastic and flexible. This causes muscles to sag and creases, wrinkles and lines to form. These changes can affect the way that our skin appears and feels on our face.

Ageing is a natural process. However, many people seek ways to help them to look good and feel great at an older age. The resources to make this become a reality have become more widely

available, are safe and very cost effective compared to cosmetic surgery.

WalkWell Aesthetics helps you to achieve this by providing high quality services which are tailored to meet your cosmetic needs. The objective of botulinum treatment is to help prevent the facial muscles that create lines from being used, and so, stop the lines from developing.

Muscle Relaxants

Botulinum toxin contains natural proteins that originate from bacteria. These proteins are purified to become a safe and highly effective product which can temporarily relax the muscles. For facial treatments, a very small amount of the product is injected into the muscles that create facial dynamic lines. As the amount injected is so small, there is a low risk of toxicity and the side effects are minimal.

Botulinum toxin temporarily prevents the nerve signals from reaching and communicating with the muscles which cause movement, thus relaxing the area, reducing the signs of ageing and smoothing out the lines and wrinkles. The injection process can take as little as ten minutes. People rarely feel any discomfort due to the process, because of the gentle and effective technique of the practitioner. Patients are able to return to normal activities immediately afterwards. Anyone aged 25- 65 years is able to benefit from muscle relaxant treatments.

About the product

Many people are familiar with the brand name – BOTOX. There are, however, many different brand names used for products where the main ingredient is Botulinum toxin. WalkWell Aesthetics uses a brand called Azzalure, which is new to the market. The product has been rigorously tested over the last ten years and is proven to be highly effective. It can only be used by a fully qualified Medical Aesthetics Practitioner.

The main ingredient of Azzalure is Botulinum toxin A, with an additional ingredient of human albumin (component of human blood). This is an important factor to note as some people cannot have human albumin for religious reasons and in this case an alternative product must be used.

As with all other Botulinum products you may begin to see the results after 2-3 days post injection, but the full effects may take up to two weeks to become evident. The speed of action depends greatly on your individual response and the strength of the muscles injected.

Patients are usually very pleased with the results as Azzalure can reduce the severity of lines and wrinkles for up to 4 months.

The treatment procedures are customised and individualised.

On the day

All make up must be removed before treatment. The facial muscles and expressions will be examined fully by the practitioner to determine the best course of treatment. The practitioner may show the patient the areas to be treated in a mirror for so the desired result can be visualised. The injections should be painless, however numbing agents can be used. The skin has to be disinfected prior to treatment. For severe frown lines a very fine and small needle is used between the eyebrows. The results, when fully evident are.....

Softening of the facial lines by preventing movement of the dynamic facial muscles to sustain a relaxed and youthful look.

What about the side effects?

Like all medicines, Azzalure has the potential to cause side effects, although not in everyone. If any side effects occur they are generally minimal, temporary and related to the injection site itself. Although slight discomfort may be felt as the needle enters the skin, patients are advised to contact the practitioner if any discomfort is felt *after* the injection.

Common side effects:

Bruising, redness, bleeding at the injection site, swelling.

Less common side effects:

Ptosis , (drooping of the eyelid), is relatively rare and can be caused when the Botulinum toxin spreads to another facial muscle. If this occurs, it may only last a few weeks.

Rare side effects:

These temporary problems can include infection, headaches, black eye (only after crow's feet treatment) or resistance to botulinum toxin A .

Aftercare tips and precautions

6 hours after	12 hours after	2 days after	2weeks after
Keep upright	Avoid facial expression (frowning)	Do not rub the area	Avoid sun exposure
Do not bend excessively	Avoid drinking alcohol	Pat the area dry after washing	Avoid saunas, or very cold temperatures
Avoid the gym or working out	Avoid wearing make up	Avoid flying	Avoid any beauty treatments on the face.

As with all non surgical medical aesthetic treatments, the results and effects of Azzalure are temporary. To keep the youthful look provided with muscle relaxant treatments, continuous treatments are needed. The

practitioner advises patients of when to return for the next treatment.

Prices

Per appointment:

Azzalure treatments:	1 area	£189
	2 areas	£ 239
	3 areas	£299

If you have any further questions or would like to book in for your free consultation to discuss treatments with Botulinum toxin, please do not hesitate to contact us:

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