

Dermal Fillers – Why Should I?

Dermal fillers are often overshadowed by muscle relaxing treatments including Botox. This article aims to highlight why an individual would consider dermal filler injections as an anti-aging treatment.

Dermal fillers are injections used to “plump” out a line, wrinkle or fold in the facial skin. Often people feel that the only way to appear younger is to undergo muscle relaxing injections to prevent lines from developing on the face. This is not the case, at WalkWell Clinic our mission is to introduce the use of dermal fillers as an anti-ageing treatment option. People can look like themselves but younger with the use of dermal filler injections.

Dermal fillers primarily contain one ingredient, Hyaluronic Acid or HA for short. HA is a sugar molecule found almost everywhere in our bodies. An average 70kg person contains 15grams of HA, it can be found in skin cells, synovial membranes (inside joints), cartilage and also in the eyes. (D. Siegenthaler, 2005).

HA is a fantastic molecule which has many wonderful properties, the most important being lubrication for joints, the eyes and the skin, another having the ability to fill areas in the skin. HA is “hydrophilic”, a fancy medical term just meaning “water loving”. This is the secret to the plumping role of HA.

HA was first used in three clinics in 1998, however the use of dermal fillers for lines, wrinkle and folds did not become available until 2003 when the FDA (Food and Drugs Administration) approved the use of HA for cosmetic purposes (Wikipedia). In nearly 10 years the need for non-surgical cosmetic correction by using HA has become a popular anti-ageing treatment for men and women of all ages.

As we become older the amount of HA present in the skin reduces, making lines, wrinkles and folds appear. This is where dermal fillers can be considered as an anti-aging treatment option. HA is injected into the skin, just beneath the offending line or fold. Water is attracted to HA and it swiftly rushes over to bind to the HA molecules. This increases the volume and causes a “plumping” effect under the line or fold to smooth and free the appearance of the line or fold (Restylane®).

Dermal fillers do not stop movement, for instance if a frown line is treated using HA, when the person frowns the line between the eyebrows will appear, however when the person relaxes the line will disappear leaving a nice smooth area, giving the appearance of younger skin. This can be seen as an advantage, generally many people do not want to lose the ability of facial expression, but do wish to have wrinkle and fold free looking skin.

Anyone who presents with a static line, wrinkle or fold can consider dermal filler injections. There are no side effects from using dermal fillers and they last approximately 6 to 8 months. So there are many advantages that dermal filler have to offer. Dermal fillers can be used for any ageing line or fold, although they are most commonly used for frown lines, nose to mouth folds and smile lines.

The most popular brand of dermal fillers using HA is Restylane®. Here at WalkWell Aesthetics we use Restylane® as its reputation of safety and effectiveness is second to none. WalkWell Aesthetics a small, friendly clinic, where all anti-aging treatments are performed. As a small clinic we aim to

provide the best quality and most effective treatments and advice. Our aim is to make you look like you, just younger.

So from reading this article, hopefully dermal filler injections may be considered as an anti-ageing option instead of muscle relaxing injections.

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